



ACADEMIC

**M.A. – REGIS UNIVERSITY – Counseling Psychology – Denver, CO
1995-2003**

AVALON INSTITUTE – Boulder, CO 1995-97

- Master's Program in Jungian, Archetypal and Transpersonal Psychotherapy; emphasis in breathwork and body-centered psychotherapeutic techniques.

B.A. – UNIVERSITY OF WI, MADISON 1987-90

- Majored in Communication Arts; Emphasis in Psychology.

WILLIAM RAINEY HARPER COLLEGE – Palatine, IL 1985-87

- 2 years of undergrad courses, all transferred to UW – Madison.

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WORK HISTORY WITH KEY LEARNINGS/ACHIEVEMENTS

2010-Present HEALTH/LIFE COACH (Seattle, WA/San Diego, CA)

- **BEAT 2 TERMINAL CANCERS:** Dr. Duma, world class neurosurgeon, claimed that out of over 1000 patients with similar diagnosis, I achieved what no one had – Talyaa lived; everyone else died.
- **FUNDRAISED OVER \$120,000:** Put on many fundraising drives online; tango fundraisers; sent requests to 100's of individuals for aid; wrote Facebook posts that shared our story, and requested assistance.
- **RESEARCHED 4.5 HRS. DAILY FOR 6 YEARS:** Learned high level skill sets in how to quickly assess efficacy of treatments.
- **SET UP GERSON PERSONAL CLINIC:** Quickly studied and set up a "Gerson clinic" in my home – followed strict guidelines for diet and treatments. Included daily juicing of 17-19 pounds vegetables and fruits into 12@ 8 ounce glasses consumed daily (took 2.75 hrs.). It is so labor intensive that few people ever do this on their own – they go to a clinic in Mexico, or hire healthcare professionals.
- **INTERVIEWED MEDICAL RESEARCHERS:** met with cancer researchers to further my understanding of treatment efficacy.
- **SELF TAUGHT MEDICAL PROCEDURES/TESTING:** I administered 40+ IV's to Talyaa; learned how to interpret medical tests; sought unconventional training; and acquired pharmaceuticals for novel treatments.

- **FUNCTIONAL DIAGNOSTIC NUTRITIONIST CERTIFICATION:** A 300+ hour course with mentorship, supervision with clients, and comprehensive oral and written exams. Able to order medical tests (serum, fecal, urine, saliva).
- **MANGO RETREAT CANCER CLINIC:** Weeklong unconventional training/instruction on pharmaceutical intervention to induce apoptosis for cancer cells, and pharma specific to metastatic melanoma (Talyaa's diagnosis); use of galenicals; how to employ heat as a synergist for greater efficacy of treatments; mechanisms of action with pharmaceuticals and other treatments; dozens of treatment options; how to research and assess methodology and treatment efficacy.
- **REMAINED TRUE TO CORE VALUES/APPROACH:** Used principles based on how I believed the body worked best, supporting immune system integrity above all else: refused chemotherapy, many medical treatments, clinical trials and doctors' insistence on their treatments; left ER's and hospitals on occasion without waiting for a check out; took out IV's if the doctors or nurses refused; took off inflatable leg cuffs that kept Talyaa from sleeping; refused anti-fungal topical applications; insisted on approving any every drug or treatment before administering, often saying no.
- **COACHED DOZENS OF CLIENTS:** Most clients came from word of mouth, often following our inspiring story.

1995-2010 PSYCHOTHERAPIST/LIFE COACH (Madison, WI/Boulder, CO)

- **UNCOVERED PARADOX CURE:** Searched 19 years for what drove all healing, growth and transformation. I uncovered this in 2003, and applied this knowledge to get stunning results: clients moved out of pain and into pleasure; uncovered what stopped people throughout their life in one session; resolved complex psychological issues quickly, with long lasting and meaningful results.
- **SYNTHESIZED UNIQUE APPROACHES:** Combined dozens of therapeutic modalities with coaching skills – to synthesize tools that served each client, aiding them to achieve their goals.
- **FACILITATED GROUPS/TRAININGS:** Breathwork; therapeutic groups; shamanic drumming circles; body-centered therapeutic trainings.
- **2000-2006 COLORADO FREE UNIVERSITY:** Developed/taught 4 workshops; wrote 95-140 pg. content-heavy workbooks for each.
- **2001-2002 BOULDER WEEKLY (Boulder, CO):** Revamped singles personals ad section; in 3 months, I expanded monthly gross revenue from \$370 to \$2,300+. This section never made over \$800.

1994 SALES AMERICAN T.V. (Madison, WI)

- In under 3 months, earned #2 out of 24 salespeople in my department (T.V. /Video) – few ever did this.

1993 VIDEOGRAPHER/GRIP (Madison, WI)

1991-1993 TREK LEADER (United States)

- **SUNTREK/TREK AMERICA:** Over 2 summer seasons (10 months total) drove 13 international customers 4,000 miles every 3 weeks, for 3-13 week trips in a 15 passenger van. Visited national parks and monuments; enjoyed city life, night life, attractions and adventures; camped in national parks and stayed in hotels in some cities.
- Both companies added my discoveries to their itineraries for 100's of trek leaders – few did this.

1991-1992 SKI INST (Keystone, CO)

- Placed #3 out of 700+ inst. for most returning clients; in first yr. promoted twice, PSIA certified – small percentage of instructors achieved this.

PERSONAL/PROFESSIONAL DEVELOPMENT

PERSONAL DEVELOPMENT

- **DR. JOE DISPENZA:** Weeklongs (2@ 7 days); meditated 6x/week (4.5 yrs.).
- **ISTA:** Level 1 (2@ 7 days); level 2 (7 days).
- **AVATAR COURSE:** Section I (5 days); Section II (22 days); Section III (4 days).
- **THE TURNING POINT:** Marshal Sylver (3 days).
- **PRACTICAL APPLICATION OF INTIMATE RELATIONSHIP SKILLS:** 16 nights, 5 weekends
- **INSIGHT:** level 1 (7 days).
- **SELF ACCEPTANCE:** open weekends (40@ 2.5 days); professional (3@ 3-4 days); one-on-one (70+)
- **OUTWARD BOUND:** Leadership course (23 days).
- **LANDMARK**
- **TANTRA**
- **MANKIND PROJECT**
- **SHAMANISM**
- **MEN STOPPING RAPE**
- **SCHOOL OF METAPHYSICS**

PROFESSIONAL DEVELOPMENT

- **2 YEARS ACTIVE PARTICIPATION IN:** Toastmasters (attained competent toastmaster); Colorado Speakers Association; Boulder Chamber Of Commerce; Colorado Independent Publishers Association.
- **CIPA COLLEGE:** conference with workshops covering Self-Publishing (2@ 4 days).
- **EXCELLENCE IN MEDIA COMMUNICATION:** 20 hour intensive media training by Joel Roberts.
- **MARKETABILITY:** self-publishing and marketing seminar by *Marketability, Inc.* (2 days).
- **INCOME BUSINESS INTERNATIONAL:** crash MBA course (9 days).

COMMUNITY – PARTICIPATED, LEARNED, SERVED, LED, TRAINED

ARGENTINE TANGO

- **PARTICIPATED:** first 4.5 yrs., averaged 20+ hrs/week with instruction/practice; 60+ national festivals (50+ hrs. dancing/instruction over 4-7 days); danced in 45+ cities & Buenos Aires.
- **TRAINED/LED:** produced milongas; taught classes locally and nationally; DJ in 15+ communities, 2 national festivals.

MANKIND PROJECT

- **PARTICIPATED:** *New Warrior Adventure Trainings “NWTAs”* (3 days); active in men’s “I-groups” 1995 to present; *Inner King Training* (4 days); *Basic Staff Development Training* (2 days); *Leader Training I* (2 days); *Leader Training II* (2 days); *Guts Training* (2@ 2 days); *Samurai Game* (1 day).
- **SERVED/LED:** staffed NWTAs (15@ 4 days) – facilitated participants with processes.
- **TRAINED:** staff during NWTAs; co-facilitated Igroup trainings (2@ weekly for 12 weeks).

LANDMARK EDUCATION

- **PARTICIPATED:** *The Forum* (3@ 3.5 days); *Advanced Course* (2@ 4.5 days); *Self Expression Leadership Program* (4 weekends, 12 nights); 11 Seminars (1 night weekly for 10 weeks); IFLP leader training course (10 nights weekly, 4 weekends).
- **SERVED/LED:** *Forum Production Supervisor Assistant* (3 days); *Advanced Course Production Supervisor* (4 days); other volunteer positions.

TANTRA – Certified Tantra Educator

- **PARTICIPATED:** Level 1 and 2 teacher training (22 days); Muir’s beginner and intermediate workshop (each 3 days); dozens of Pujas and gatherings.
- **SERVED:** Muir’s beginner workshop (2@ 3 days); Muir’s & Dez’s intermediate workshops (2@ 3 days); beginner-intermediate training (4 days).
- **EDUCATED/TRAINED:** skills and practices to increase quality of communication, resolve conflict, and stoke passion and connection in relationships.

MEN STOPPING RAPE, INC.

- **PARTICIPATED:** Foundation workshop; facilitator trainings; professional trainings.
- **SERVED/LED:** Co-facilitated workshops for fraternities and community wide (only volunteer).

SHAMANISM

- **PARTICIPATED:** Foundation for Shamanic Studies course (3 days); Maori Healing; drumming circles.
- **SERVED:** Soul retrievals for clients at no charge
- **TRAINED/LED:** Workshops; drumming circles; my shamanic retreats (5@ 2.5 days).

HOOFERS CLUBS (Outing, Ski, Scuba, Sail) – UW-Madison

- **PARTICIPATED:** Leader training weekend retreats; 60+ events/trips (4 hours to 1 week).
- **SERVED/LED:** Elected two terms as President of Hoofers Outing Club; Officer on Hooper Council Board (2 yrs.); organized/led dozens of Ski and Outing Club trips with 4-42+ people.
- **TRAINED:** Created/facilitated leader training.

SCHOOL OF METAPHYSICS

- **PARTICIPATED:** 2 years: 3 hour classes weekly; weekend retreats monthly.
- **TRAINED/SERVED:** Taught 3 hour classes weekly for 18 months at no charge.

PASSIONS IN COMMUNITIES

- **YOGA:** Core Power; Ashtanga by Richard Freeman; 50+ teachers; 100’s of classes.
- **MARTIAL ARTS:** Oom Yung Doe/Chung Moo Quan (6 yrs); Shaolin Kung Fu (2 styles); Chi Kung taught by Ken Cohen.
- **MEDITATION:** Attended Karma Dzong meditation center for instruction and group meditations; attended OSHO dynamic meditations and workshops; attended meditation schools, where meditated and received instruction.
- **NON VIOLENT COMMUNICATION:** Weekend workshop & weekly group attendance.
- **NAROPA INSTITUTE:** Two full 3 day workshops by Malidoma Somé on community grief (2@ 3 days); 15+ Friday night lectures and other events.